

the MAKATI Zontian

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ZCME wins ZI Service Award

PIP Olivia A. Ferry surprised Makati Zontians with her Viber announcement on May 10 that ZCME had won 3rd place in the Zonta International Service Recognition Awards. Elba Pereyra de Gomensoro, ZI Service Committee Chairman (2014- 2016), formally informed the club that its Marillac Hills project had been selected finalist. In her letter, Elba said: "The winners will be announced and recognized during the Nice Convention."

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Project head of the Psychological Center for sexually abused girls at Marillac Hills, Joanne Zapanta Andrada, with her wards



FROM THE PRESIDENT'S DESK:

End of Biennium Report

BY ROSIE D. GO

As I look back on the Zonta biennium that was, I'd like to express my heartfelt gratitude to my Board and committee chairs for each one's cooperation and dedication that resulted in a successful two years! You all did it, and I am very grateful. I have been privileged, too, to have such cooperative members. Truth to tell, at the outset, I thought that Zonta, being a smaller organization than Rotary, which I had headed as club president all the way up to Governor, would be easier to lead. Little did I know that it required much hard work and dedication, too, on my part!

Taking off from where we left off in our first newsletter that covered the first year of the biennium, 2014-2015, below are the highlights from 2015 to date. It was a big thrill for me, as with

Joanne Zapanta Andrada, to learn from ZCME past president and ZI PIP Livie Ferry, that our club won 3rd prize in the Zonta International Service Recognition Awards, to be awarded at the Convention in Nice, for our Psychological Center in Marillac. Sincere congratulations, Joanne! By the way, Joanne coordinated with Leo Hernandez of Vision Himpossible in conducting performing-arts training to 30 of the girls in Marillac Hills. The extensive training program ended in a brilliant culminating activity in the SM Aura lobby where the girls sang and danced for Zonta members as well as the general public. This well-applauded show was once again performed on January of 2016 for the members of the Spouses of Heads of Mission, who visited Marillac.

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Cultural exposure has also been an integral part of the Psychological Center's modules on healing. As such, the children of Marillac Hills have been able to watch children's theater shows and ballet performances, courtesy of Joy Virata of Repertory Philippines, Lisa Macuja-Elizalde of Ballet Manila, and Maritoni Rufino Tordesillas of Danspace Ballet School.

Led by Area 5 Director Bing Carrion and her presidents, Zonta-Makati participated in the launch of the Interpol 24/7 website allowing clubs to access updated information on persons involved in crimes against women and children. This way, Zonta clubs can report cases, which Interpol and NBI can act upon immediately. To show our commitment to Zonta International, our club



Rosie & ZCME awards

nominated Kimberly Kathleen Rodriguez for the Jane M. Klausman Women in Business Awards.

Pinky Valdes, our awardee for Education at the 8 Bravo Awards, spoke in a forum for women at Chardonnay by Astoria in Capt. Henry P. Javier Phoenix Heights. The forum was for low-income

women, designed to help them have a fuller life and integrate work and family, while still being productive and inspired. Pinky likewise conducted another forum for our EWSP scholars at our Center for Women Empowerment in Taguig.

Our Center physician, Dr. Marietta Bustillo, handed three boxes of 3M masks to officers of the AFP/ PNP Housing Jeepney Transport, headed by their president, Efren Alamo. She also demonstrated to daycare students the proper way of handwashing using the BD-EZ scrub antiseptic solution donated by the Order of Malta to ZCME.

There were medical-dental missions at the center. PCSO sponsored one on Dec. 29, 2015 with their medical and dental staff, giving away free medicines. On that occasion, Mita Rufino and I were interviewed by PTV-4.



Rosie with fellow Area 5 presidents

On Nov. 7, 2015, there was a Joint Breast Clinic Mission conducted by Gift2Life headed by Dr. Tina Santos in partnership with C.A.N.C.E.R.–Cancer Alleviation Network on Care, Education and Rehabilitation–headed by Dr. Dario Lapada, Jr., who rendered free ophthalmology services and even gave free reading glasses.

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At the FilipinaZ



Interview by PTV4

ZCME celebrates 45th anniversary

Members of the Zonta Club of Makati & Environs celebrated their 45th year of founding during their April 26 general membership meeting at Maria Luisa's Garden of the Makati Garden Club. Melissa S. Romualdez portrays the event in pictures.

Of the original 22 charter members, only two—Linda Villanueva and Linda E. Panlilio—are still in the club. The club counts with the first Filipino & Asian International President, Olivia A. Ferry (2006-2008), and the first Philippine Zontian to reach ZI—Erlinda T. Villanueva, who served as Vice-President (1984-1986), and Director of ZIF (1986-88). Charter president Carmen Enverga-Santos (deceased) was the first Philippine Zontian to serve as District 17 Governor. She was followed by Olivia Ferry and Georgitta “Beng” Puyat. Cora J. Tan is current Area 5 Director. Erlinda E. Panlilio served as International chairman for PR & Communications from 2006-2008.

Meantime, pres. Rosie announced that the Board had decided to give Loyalty awards to the following:

10 years

Ada Mabilangan

20 years

Lourdes Ann Co
Ma. Teresa Tan
Maribelle Espino

30 years

Carolina Llanillo
Armita Rufino
Georgitta “Beng” Puyat

Ada will receive a pin with one gemstone. The others, who already have pins, will receive additional stones they can add to their pin.



What a delightful way to celebrate our Club's 45th Sapphire anniversary by having lunch at the Makati Garden Club's little French resto - Maria Luisa's Garden Room on April 26, 2016.



▲ Early birds sat together over a nice bottle of Bordeaux wine



▲ Past ZCME presidents pose for a picture with current president Rosie D. Go at the club's sapphire anniversary lunch in Maria Luisa's Garden. Seated are Linda E. Panlilio, Olivia A. Ferry, Linda Villanueva, and Beng Puyat. Behind are: Maritess M. Pineda, Mita B. Rufino, Chona M. Lopez, Olga S. Martel, Menchu Esteban, Carol O. Llanillo, Cora J. Tan, and Rosie Go.



◀ Zontians wore their best sapphire-blue dresses, sapphire being the anniversary gem stone. We enjoyed a leisurely French-inspired lunch prepared by Chef Robert Lilja, the Finnish chef behind Maria Luisa's Garden restaurant. We were treated to a delectable selection of Salmon in Beurre Blanc sauce, Truffle Pasta, Beef Roulade, and fresh salads and soups. Chocolate and tart desserts went well with our coffee and tea after the hearty lunch.

Text and pictures by Melissa S. Romualdez



The **highlight of this biennium** was the District Conference in Bangkok, where **our club garnered 6 awards!**

1. HALL OF FAME

presented to Zonta Club of Makati & Environs for its KABABAIHAN (Women) Empowerment Service Project (Kudos to Mita Rufino!)

2. SPECIAL OUTSTANDING AWARD

to ZC of Makati & Environs for the great commitment of the Club and its members, who were the first to submit the District Dues (2015-2016) in its Area.

3. CLUB OUTSTANDING ADVOCACY AWARD

(2nd place) to ZC of Makati & Environs for activities on gender equality and the elimination of discrimination against women and girls.

4. CLUB OUTSTANDING WEBSITE AWARD

(1st place) to ZC of Makati & Environs for developing an informative, creative and captivating website. (Thank you, Patria David.)

5. OUTSTANDING CLUB ACHIEVEMENT AND LEADERSHIP AWARD

(1st place) to ZC Of Makati & Environs for Club overall achievement and leadership performance.

6. CLUB OUTSTANDING ADVOCACY AWARD

(1st place) to ZC of Makati & Environs for activities that support "Zonta Says No to Violence Against Women and Girls."

The club raised substantial funds as a result of its Second FILIPINAZ artful living fair at Rockwell featuring an artistically sculpted 8-ft. tall statue of a Filipino woman (Congratulations, Charming!) Congratulations are in order to those responsible for our successful fair—Maritess Pineda, Melissa Romualdez, Maribelle Espino, Jenny Leviste, with special thanks to Jeannie Carlos Abaya for getting several vendors.



Thank you, Dr. Lourraine D. Co, for the Vitamin A enrichment of children who come to our Center, as well as for conducting a deworming activity for them. Fluoride dental treatment including movie filming for the kids was also done.

During the second year of the biennium, the club participated in the 16 Days of Activism against Gender Violence at the University of Makati, led by Mayor Kid Peña. There was a speaker from the NBI, along with Judge Sarmiento Flores.

On October 27, 2015, the Club marked UN Day, headed by PP Olga S. Martel, at Society Lounge.

On Jan 11, 2016 the Simula Enrichment Program for preschool children began at the Center. The program aims to strengthen the education of public school children in the areas of literacy and Mathematics through progressive education.

Several Makati Zontians participated and led workshops during the first Zonta Asian Inter-District Meeting that was held at the Manila Hotel on March 13-15, 2016 led by PIP Olivia Ferry. It was a successful event attended by over 340 participants and 15 guests from five Asian Districts.

Kathleen Douglass, who was a speaker on Leadership at the AIDM, visited our center and spoke on leadership to Makati Zontians. She witnessed the ongoing medical outreach activity.

On March 17-18, 2016, we conducted a joint healing-cum-medical mission in Isabela. Our club distributed over 400 Birthing kits.

Congratulations on our club's 45th (Sapphire) anniversary of founding on April 26, 2016! We paid tribute to our past presidents over a special lunch at Maria Luisa's Garden.



The Department of Foreign Affairs recognized the Spouses of Heads of Mission for their humanitarian work, a major part of which was its support of the Zonta Club of Makati's Psychological Center for sexually abused girls at Marillac Hills. Photo shows Mrs. Gretchen del Rosario (spouse of DFA Secretary Albert del Rosario), seated at center, with Mme. Agnes Roscigno, spouse of the Italian Ambassador, Mrs. Sylvia J. Farolan. Behind are Olga S. Martel and Joanne Z. Andrada

The club's Marillac Hills Psychological Center for Sexually Abused Girls has been headed by Joanne Zapanta Andrada for the last 18 years. Joanne credits past president Beng Puyat for "championing the project and molding it from a concept to a reality." Established in 1997 (18 years ago), the Psychological Center has provided continuous psychological care for raped, sexually abused, and trafficked girls. To date, the Center has helped over 4,500 children. In recognition of its services, the Department of Social Welfare and Development has awarded the Zonta Club of Makati & Environs national citations for the past 18 years, recognizing its special advocacy as the longest-running NGO-based project in the institution.

ZCME Psychological Center provides the following services:

- Group and individual psychological therapy.
- Interview and formation of statements to be used in the legal forum in order to effectively prosecute the girls' abusers.

- Coordination and facilitation of "Healing thru Art" Performing Arts Workshops (Dance, Vocals, Theater)
- Coordination and facilitation of Cultural Field Trips (Museums, Theater and Ballet)
- Coordination and partial facilitation of Workshops on Sexual Health, Children and Women's Rights, violence against women and girls issues.
- Coordination with psychiatrists for children with serious psychological issues.
- Employment support for qualified girls who wish to pursue independent living.

ZCME's psychological center has been the recipient of numerous citations from the national government and has been recognized as an integral partner of the government in mitigating the effects of child sexual abuse in the country.

Past president Carol Llanillo commented: "This award is the club's second ZI award. During Beng's term as District Governor, we got our first International Service Award."

"The Zonta Service Recognition Awards were established to recognize outstanding service projects undertaken by Zonta clubs and districts which benefit women in the local community. Service projects can be those that empower women and girls in general to achieve equal rights and to secure their access to all legal, political, economic, educational, health and professional resources or those projects focusing on prevention of the root causes of violence against women and girls through education."

In November 2015, Dandy Gomez, District 17 Service Committee Chair, wrote Cora Tan and Mita Rufino requesting them to submit the club's Marillac project as our entry in the ZI search for the Zonta Service Recognition Awards. Dandy said: "As a multi-awarded project recognized in District 17, I am confident that it is worthy of international recognition." Her words have indeed, come true.

(from the ZI web site)

Viva FilipinaZ!

BY JOANNE ZAPANTA-ANDRADA

(Reprinted from *The Philippine Star*)
Sept. 19, 2015

As the “ber” months have rolled in, so do the throngs of bazaars that magically pop up, rendering everyone dazed, excited and confused about what to buy. Bazaars have become the go-to place for shoppers who wish to find unique and artisanal gifts for their friends and family. But which bazaars are worth the bother and which are best left alone?

Folks, whatever you do, do NOT miss the FilipinaZ Artful Living 2015 Art and Lifestyle Fair as it promises to be one of the most well-curated fairs in the country. Supported by Security Bank, Auto Nation Group, Rockwell Land, Toyota and Sen. Cynthia Villar, the three-day event differentiates itself from other bazaars as it functions both as a pre-Christmas bazaar and an art fair.



FilipinaZ Chair Maritess M. Pineda welcoming guests during the opening ceremony



FilipinaZ 2015 poster and invitation

On the bazaar side, FilipinaZ showcases special products from Calima Jewellery, Marsse Tropical Timber, Happy Star Child, Pambahay by Halo+Halo, Chef Patrice, Unique Tunic and Tattoos by Lulu DK, Riqueza Jewelry and Knits by Aze Ong to name a few.

FilipinaZ Art and Lifestyle Fair is the only bazaar that is created by women specifically for women. Spearheaded by the Zonta Club of Makati and Environs, the proceeds from the fair will be used to further the many women-empowering projects of the club. Among ZCME's programs are: Psychological Center for Sexually Abused Children, Empowering Women Scholarship Program, NO to Early Marriage and Teenage Pregnancy advocacy, as well as projects promoting women's health and livelihood.



Art pieces included this year's featured limited edition print of the 'Tres Marias' series by National Artist Federico Aguilar-Alcuaz

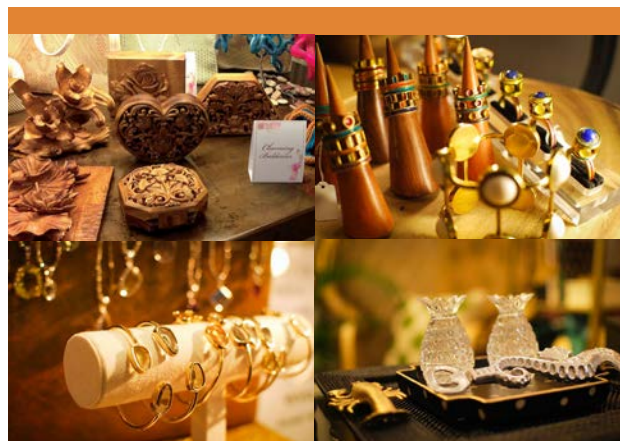


FilipinaZ committee member, Melissa Romualdez, ZCME President Rosie Go and FilipinaZ Chair Maritess M. Pineda at the FilipinaZ Fair opening



▲ Artists Aze Ong, Christine Sioco, and our very own ZCME member, Charming Baldemor. The three artists collaborated on a sculpture of a Filipina woman.

The iconic 8-ft. FilipinaZ wood sculpture



Some products for sale



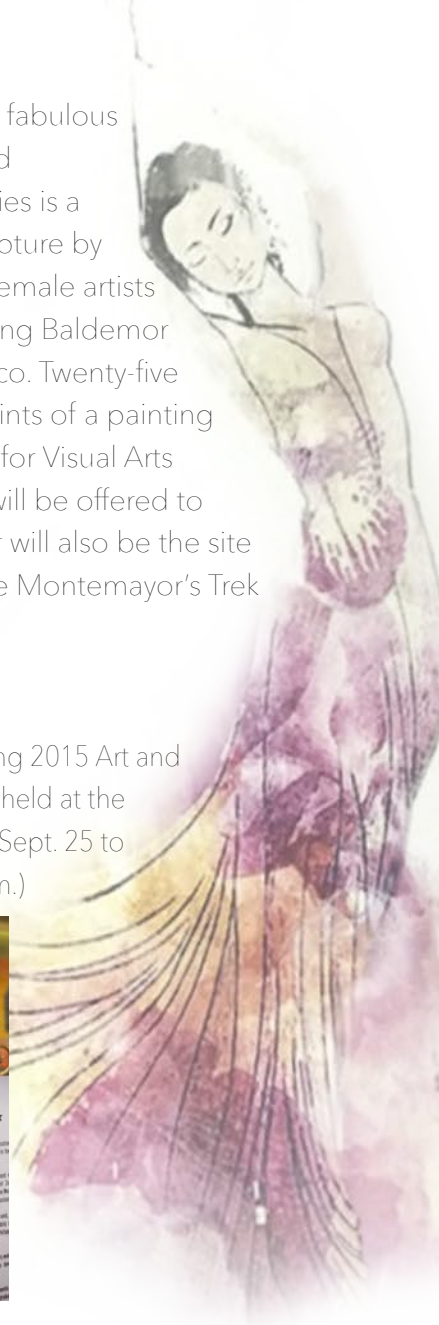
▲ 'Art On Bikes'- ongoing project together with TREK bikes, which donated one high-end racing bike, to be painted on by artist Ferdie Montemayor.



ZCME members gather together at their 2015 FilipinaZ Artful Fair

• Among the many fabulous finds to be offered during the festivities is a collaborative sculpture by three renowned female artists Aze Ong, Charming Baldemor and Christine Sioco. Twenty-five limited-edition prints of a painting by National Artist for Visual Arts Federico Alcuaz will be offered to shoppers. The fair will also be the site where artist Ferdie Montemayor's Trek Bike artwork will be unveiled.

• (FilipinaZ Artful Living 2015 Art and Lifestyle Fair will be held at the Rockwell Tent from Sept. 25 to 27, 10 a.m. to 9 p.m.)



EWSP

EMPOWERING WOMEN SCHOLARSHIP PROGRAM

The EWSP Program of Zonta Club of Makati & Environs Foundation, in partnership with Unilever and the Polytechnic University of the Philippines (PUP), is now on its sixth year, having graduated 116 scholars from 2010 to 2016.

17 young women scholars in their last year of Engineering and one scholar in her 4th year of BA History were awarded scholarships for School Year 2015-2016. They will all be graduating this June 2016.

All the past Engineering scholars had passed the Board Licensure exams and are now gainfully employed. We expect nothing less from the 2015-2016 batch.

We are preparing for our next group of scholars for school year 2016-2017. However, because the start of the school year has been moved to August, PUP will be able to submit the short list of applicants only towards mid-August.

--- by Ada L. Mabilangan



Ms. Pinky Valdes conducted a women-empowerment workshop for the club's EWSP scholars on the theme "I AM A WOMAN" at the Zonta Center on February 21, 2016 from 9:00am to 2:00pm



EWSP Chair Ada Mabilangan and her vice-chair Melanie C. de Leon (both at center, standing) pose for a picture with the EWSP Engineering scholars who had a fruitful seminar with their facilitator, Pinky Valdes



Testimonial by PUP ZONTA SCHOLARS-- BATCH 2016

"Yes, I am wise. But it's wisdom born of pain. Yes, I've paid the price. But look how much I gained. If I have to, I can face anything. I am strong. I am invincible. I am woman!"

-Helen Reddy

Zonta partnered with our university, Polytechnic University of the Philippines (PUP), to grant scholarships to graduating female students enrolled in unusual courses for women—Engineering, yet we got so much more. In a pool of hundreds, we are 17 different women, coming from different backgrounds in life, who were very fortunate to have been handpicked to be beneficiaries of an amazing organization, the Zonta Club of Makati & Environs.

Zontians did not treat us as regular scholars, but as individual women. Women who are to be nurtured in order to be able to nurture other women as well. Women who can be physically, emotionally or financially challenged, yet are not disabled by such circumstances. Women who have so much potential and so much to offer in this cynical world. We had the opportunity to meet and to talk to different honorable Zonta women on three different

occasions, which proved very memorable for us. It is such an amazing experience to see such accomplished women and hear them speak with boldness, grace and passion for other women, especially the less advantaged in other parts of our society.

Through them, we saw that there are still so many things to be done for the women of the world, hence making us aware of our responsibility to likewise share of ourselves.

Each of us has a different story to tell of how Zonta became a part of us:

"Here in Zonta, I learned a lot about being a woman - a powerful woman. Being a woman is not a choice, but a gift from the universe. Zonta helped me to realize my value as a woman. And with the help of my fellow scholars, I learned that I was not alone. We encountered many problems, experienced doubts, confusion, and fears that brought us tears, but I have learned that those tears signify our strength, patience and bravery as women. After those tears, we were ready to fight for what is right, to protect what is ours, to excel in society, to conquer our fears and to be who we want to be." -Shanti

"I thank Zonta for providing me with the financial means to complete my Engineering course. But more than this, Zonta

has given me the opportunity to meet other women and learn from their weaknesses and strengths. Now, I've surpassed the challenges in my college life because I am a phenomenal woman."

-Yvette

"As an EWSP scholar, I met my batchmates from other Engineering courses. With Zonta's financial help, I was freed from my worries on my monthly allowance. And through Zonta I got to watch my first ever Shakespeare play! As a whole, I learned how great an opportunity it is to be a woman."

-Veronica

There are just so many things that we are grateful for as we became a part of Zonta. Their generosity and love is overwhelming. We just look forward to the day that we would be the ones who would pay it forward and see other girls see themselves as phenomenal women, developing their mind and character, like we once did.

Makati Zontians at the first Zonta **AIDM**

Zonta International President Maria Jose Landeira Oestergaard asked our very own club past president and PIP Olivia A. Ferry to organize the first Asian Inter-District Meeting. Thus, on March 13-15, 2016 this was held at the historic Manila Hotel, a perfect venue for setting a historical first in the annals of Zonta in Asia. Inter-district seminars bring together Zontians from districts of one region of the world to expand their knowledge of Zonta and women's issues by learning with and from each other. At these meetings, they also discuss common problems affecting their districts and share experiences to gain insight and arrive at viable solutions. Just as importantly, inter-district meetings allow Zontians to renew friendships and form new ones and to celebrate the strong bond between Zontians.



Attended by 340 Zontians and 15 Guests from the five Asian Districts, the theme of the 1st Asian Inter-District Meeting was "Bridging Friendships, Building Skills and Knowledge for a Dynamic Zonta". Zontians came from 10 out of the 14 countries making up the five districts in Asia, namely D17, D25, D26, D31 and D32, not only to learn but to have the chance to meet new friends and renew friendships, network with fellow Zontians, exchange souvenirs and appreciate each other's culture, especially that of the host country, the Philippines. DOT Secretary Ramon Jimenez, Jr. rallied his listeners at the welcome dinner in his speech titled "A Call to Women Empowerment."

ZI President Maria Jose Landeira Oestergaard warmly greeted the participants through a video message on the first day of the plenary session and sent written and video messages for the International Women's Month celebration at the Closing Dinner. Past International President and Chairman of the ZI Advocacy Committee, Margit Webjorn, keynoted the event with a talk on Zonta Advocacy and Women's Empowerment Principles. Our very own Beng Puyat, past Dist. 17 Governor like Livie Ferry before her, was Moderator of the Q&A portion of PIP Margit's talk.

Apart from PIP Margit, other distinguished speakers were



ZCME's pride, Olivia A. Ferry, presides over the First AIDM at the Manila Hotel



Past ZCME president and District 17 Governor Beng Puyat poses with ZI VIPs at the First AIDM: PIP Margit Webjorn, Chair of the ZI Advocacy Committee, and ZI Executive Director Allison Summers

Dr. Patricia B. Licuanan on "Beijing + 20 and the Sustainable Development Goals;" Elisea Gozun on "Women and Climate Change;" Jacqueline Gudmundsen, Chairman of ZI's Leadership & Development Committee, on "From Conflict to Win-Win;" Kathleen Douglass, Member of ZI Leadership Development Committee, on "Stepping up to Leadership;" and ZI & ZIF Executive Director Allison Summers, in a dialogue with Zonta leaders. Maureen Heine was workshop speaker on "Effective and Engaging Meetings."

The Makati Zontians whom PIP Livie appointed as workshop speakers or facilitators acquitted themselves creditably. Club past president and Area 5 Director Chona Lopez handled the workshop titled "Credibility: Leading Growth: Case Studies of Outstanding Clubs." Chona had a full house, with ZI Exec. Director Allison Summers listening intently.

Maritess Pineda was more than a Reactor in the workshop on "Successful Fundraising Strategies" conducted by Amy Lai of Taiwan. Due to her past fundraising

experience, Maritess was able to give a lot of inputs on this topic.

The Steering Committee that was chaired by Livie Ferry was composed of past District 17 Governors Virma Vergel de Dios, Dandy Gomez, Brenda Tanjutco, and Beng Puyat, plus Dilruba Ahmed, ZI Director (2007-2009) and ZIF Director (2008-2009), who handled the workshop on "Strategic Thinking and Long-term Sustainability of Projects."

Congratulations to Livie Ferry for a job well done!



ZI AIDM VIPs: (Seated): Kathleen Douglass (speaker on Leadership), Chair PIP Olivia A. Ferry, PIP Margit Webjorn, ZI Advocacy Chair, representing ZIP Maria Jose Landeira Oestergaard, and Maureen Heine, Workshop speaker. Behind are Dilruba Ahmed, past ZI/ZIF Director, with Beng Puyat



New Board & officers elected



Posing for a picture following the end of the election meeting on February 16, 2016 are some of the outgoing and incoming members of the Board: Ada L. Mabilangan, Vicky Magadia, Teresa Tan (since resigned and replaced by Alice T. Guerrero in a special election meeting), Maritess M. Pineda, Vivian Uy, incoming president Mita B. Rufino, outgoing president Rosie D. Go, Jeannie Carlos Abaya, and Patria David.

At the club's February general membership meeting (Feb. 16, 2016), the following Makati Zontians were elected to the Board and as officers to serve for the 2016-2018 biennium.

President:
Armita B. Rufino

Vice-president:
Rosario "Jeannie" Carlos Abaya

Secretary:
Ma. Fatima "Timmy" Chua

Treasurer:
Vivian T. Uy (reelected)

Members of the Board:
Dr. Lourdes Ann C. Co
Patria David
Alice T. Guerrero
Victorina Magadia
Maritess M. Pineda

(Plus the elected officers listed above)



The camera catches three presidents together—Rosie D. Go (2014-2016), Carol O. Llanillo (2010-2012), and Mita B. Rufino (2016-2018) in a recent club GMM. They are bound by a common commitment to continue, if not better the services offered at the club's Zonta Center for Women Empowerment, of which Carol is the chair.

"Project Simula"

BY: CHONA M. LOPEZ
PROJECT CHAIR

"Project Simula" is a joint endeavor between Zonta Club of Makati & Environs and Interact Pamilya Foundation, which commenced on January 11, 2016. "Project Simula" is a supplementary and enrichment educational program spearheaded by Severina Santos for kindergarten children aged 5 and 6.

Children from poor families go to public elementary schools for their education that is often sub-standard to what children in private schools obtain. Because these children are deprived of opportunities for better education and self-development, subsequently they are also unable to get better jobs. As a result, they are unable to break the cycle of poverty. The program's objective is to offer these children the opportunity to experience better education. The program aims to improve the students' reading and mathematical skills

as a supplement to their public school education, thus providing them the right foundation for self-development. Although these subjects are taught in public schools, the "Simula" enrichment program will ensure better comprehension of the subjects so as to improve the student's language and literacy skills to the same kindergarten level of a private school. In the area of mathematics, the child will learn concepts in spatial relationships, classifications, patterns, introduction to numerals and counting, shapes and fractions.

In this partnership, Interact Pamilya brings in its expertise in running, managing and supervising the educational program. The foundation also provides the textbooks and instructional materials for reading and math, including storybooks for the library. Interact Pamilya handles the interviews and evaluation of the teacher applicants. Zonta Club of Makati & Environs, for its part, provides the physical facilities (at its Center for Women Empowerment building in Taguig), classrooms with desks and chairs, blackboards, bookshelves, and

funds the teacher's salary, the assistant teacher's stipend, as well as expenses for light, water and janitorial services.

There are two classes: one held every Monday-Wednesday-Friday for 1-1/2 hour sessions. Students in this class pay a minimal fee of P200 a month. The other class is held on Tuesdays and Thursdays for 1-1/2 hour sessions. For the twice-a-week sessions, the students are charged P130 a month. Each class can serve 30 students. From January to April, 2016, we had a total of 52 students. Only half are enrolled for the summer classes. The students are recruited from KERMES and the Tenement public schools in Taguig. After the class sessions, the library is open for in-room reading. There is a feeding component in the program. At least once a month there is a session for the students' mothers and the club's Kababaihan group on parenting, values formation and spirituality. The response of parents and children for "Project Simula" has been enthusiastic. We are very hopeful that the program will uplift the lives of these children and their families.



Tins of Century tuna donated by a nun with an NGO are cooked by the mothers of kids in the Simula Enrichment program, as Interact Pamilya Foundation head Seve Santos watches.

Seve Santos monitors the kids who are fed the cooked tuna.

Update on Marillac Hills:

THE PSYCHOLOGICAL CENTER

from the report of Joanne Zapanta Andrada

For the past six months, Zonta Club of Makati and Environs (ZCME) staff members have continued to support the 200+ clients at Marillac Hills (MH) through their Psychological Center. The Center offers psychological care for children (mostly girls) who are survivors of sexual abuse and trafficking. Several activities were organized and implemented, among them, cultural field trips, visual and performing arts workshops and fellowships with volunteers.

In February, selected girls were able to witness two highly anticipated performances from acclaimed artists. The first event was Danspace Ballet School's production of Cinderella. The second cultural show was a death-defying extravaganza by China's most famous professional acrobatic troupe, Cultures of China, Festival of Spring. This particular show entranced the girls, as the acrobats contorted their bodies while doing different exhibitions that would be deemed impossible for a normal human being.

ZCME Psychological Center (ZCMEPC), through Committee Head, Ms. Joanne Zapanta-Andrada, worked once again alongside longtime Center supporter Vision Impossible Ministries Philippines (VHMP) in developing the girls' skills in singing, dancing and acting. This activity was conducted in March and ended with a culminating activity, where the children performed numbers from famous chart toppers, such as "Flashlight" by Jessie J, "Titanium" by David Guetta, and Taylor Swift's "Shake it Off". The singers also sang a medley of some old-time hits. This recital was initially performed in SM Aura in Taguig and was reprised for the SHOM (Spouses of the Heads of Mission) ladies, ZCMEPC's leading benefactors.

Aside from the performing arts, taught by (VHMP), Joanne Zapanta-Andrada and volunteers visit Marillac Hills on a monthly basis to carry out English and Art classes for the youngest clients. The children are given short interactive lessons on conversational English and are shown educational videos on everyday interaction using the language in its colloquial form. Art class makes use of storytelling in order to encourage the children to express themselves and to be able to share their feelings in a group setting. The Art class is an auxiliary activity of the psychotherapy program.

These activities had been a great help for Marillac Hills residents, as they serve not only as entertainment and distraction but also as an opportunity for fellowship for the children, who are often lonely, being separated from their loved ones due to their confinement in the institution for months or even years. They are also opportunities for the children to recognize their worth as they journey on the path towards healing and resolution. These activities aid ZCMEPC in enhancing the Center's core service of psychological intervention.

ZCME's Psychological Center offers the following services:

- Group and individual psychological therapy.
- Family counseling for relatives of the children.
- Interview and formation of statements to be used in the legal forum in order to effectively prosecute the perpetrators.
- Coordination and facilitation of Art as Healing sessions
- Coordination and facilitation of Performing Arts Workshops (Dance, Vocals, Theater)
- Coordination and facilitation of Cultural Field Trips (Museums, Theater and Ballet)
- Coordination of English and Math tutoring (group and individual with volunteers as tutors)
- Coordination and partial facilitation of Workshops on Sexual Health, Children and Women's Rights.
- Coordination with psychiatrists for children with serious psychological issues.
- Job placements for girls over 18 years of age, who have no home to return to.

The Department of Social Welfare and Development has continued to recognize the value and effectiveness of ZCME's holistic approach in caring for and maintaining the residents' mental and emotional health.



At the Zonta Center for Women Empowerment, the children were not to be forgotten. On May 11 and 20, 2016, Dr. Lourraine Co conducted a Vitamin A enrichment or supplementation for the kids, a usual summer activity, which included their deworming to eradicate parasites and to prevent anemia. The children were given milk to drink after they took their medicines. A total of 61 patients were dewormed, with Vit. A supplementation given.

SUMMER AT THE ZONTA CENTER

ZCME celebrates UN DAY

BY OLGA SEVERINO
MARTEL

The club celebrated United Nations Day on October 27, 2015 at the Society Lounge, spearheaded by ZCME United Nations Committee Chair Olga Severino Martel. To lend an international ambience, guests were requested to wear Filipiniana or national costumes of different countries.

Special guests were Spouses of the Heads of Mission (SHOM) who have been supporting the club's Psychological Center at Marillac Hills for several years. Present were Mme. Lizia Lu, spouse of the Ambassador of Israel and SHOM Vice President; Mme. Toni Patchett, spouse of the Ambassador of Chile, SHOM Chair for Charities; Mme. Ziki Ralte, spouse of the Ambassador of India; Mme. Monthip Upatising, spouse of the Ambassador of Thailand and Mme. Fehmina Safdar, spouse of the Ambassador of Pakistan.

Zonta dignitaries present were District 17 UN Committee Chair Brenda Tanjutco and Area 5 Director Bing Carrion.

Mme. Toni Patchett, a native of New Zealand, who is the spouse of the Ambassador of Chile, and Mme. Ziki Ralte, spouse of the Ambassador of India, had interesting stories to tell about the status of women in their countries.

The two guest speakers were given a Zonta commemorative plate with the Anita Magsaysay Ho painting. A Certificate of Appreciation was given to SHOM for their generous donation of P 416,000 this year to the club's Psychological Center at Marillac Hills.

Also in attendance were the club's EWSP scholars.



Seated L to R: Spouses of the Heads of Missions (SHOM): Mme. Monthip Upatising, spouse of the Ambassador of Thailand; Mme. Ziki Ralte, Spouse of the Ambassador of India, Mme. Toni Patchett, Spouse of the Ambassador of Chile; Mme. Fehmina Safdar, Spouse of the Ambassador of Pakistan and Mme. Lizia Lu, spouse of the Ambassador of Israel.

Standing L to R: Maritess Pineda, Dis. 17 UN Committee Chair Brenda Tanjutco, ZCME UN Committee Chair Olga Severino Martel, an unidentified lady, PIP Olivia Ferry, Carol Llanillo, Menchu Esteban, Rosie Go, Claudia Hernandez, Vivian Uy, Alice Guerrero, Beng Puyat, and Fortune Ledesma.



The guest speakers were given tokens of appreciation - the Zonta commemorative plate with Anita Magsaysay Ho's painting.

L to R: ZCME President Rosie Go handed the gift to Mme. Toni Patchett and ZCME UN Committee Chair Olga Severino Martel gave the gift to Mme. Ziki Ralte



A Certificate of Appreciation was awarded to SHOM for their generous donation of P416, 000 to the ZCME Duyan Psychological Center at Marillac Hills.

L to R: Mme. Fehmina Safdar, spouse of the Ambassador of Pakistan, Mme. Monthip Upatising, spouse of the Ambassador of Thailand, Mme. Toni Patchett, spouse of the Ambassador of Chile, ZCME President Rosie Go, Mme. Lizia Lu, spouse of the Ambassador of Israel and VP of SHOM, ZCME UN Committee Chair Olga Severino Martel, Mme. Ziki Ralte, spouse of the Ambassador of India and Joanne Andrada, Committee Chair, the Duyan Psychological Center at Marillac Hills

A pre-Christmas **SALE** for a **CAUSE**



Zonta-Makati partnered with the Crate & Barrel shop in SM Aura to raise funds for the club's Psychological Center for sexually abused girls in Marillac Hills. A certain percentage of sales generated on the entire day of November 27, 2015 was donated by the shop to the Marillac Hills project. In appreciation, several Marillac girls presented a dance number at Crate & Barrel.



Zontians and some guests are shown with Marillac girls at the Crate & Barrel shop in SM Aura following the girls' performance.

ZCME Christmas Party



Makati Zontians had fun at their annual Christmas party on December 16, 2015, which was held at the Society Lounge. It was an evening of dancing with beso-besos and exchanging of gifts on the side. Fellowship chair Maribel B. Espino was in charge of the happy event

Christmas at the **GK** Zonta Village

Pres. Rosie and Chona Lopez, project proponent and Chair of the Gawad Kalinga Zonta Village, brought Christmas cheer to the residents of the village on Dec. 22, 2015



KABABAIHAN

CHRISTMAS PARTY



ZCME's Kababaihan beneficiaries held their Christmas party at the Zonta Center for Women Empowerment on Dec 19, 2015. Photo shows: Center head Carol O. Llanillo with her spouse Atty. Lew Llanillo to her right, and Melanie C. de Leon. Behind are: VAD Cora J. Tan, Dr. Lourraine Co, Pres. Rosie, Kababaihan project chair Mita B. Rufino, and PP Maritess M. Pineda

Kababaihan Seminar on COOPERATIVES



Rosie presents certificate of attendance to Kababaihan member



On Jan 27, 2016, the ZCME's Kababaihan attended a seminar at the Zonta Center on qualifying for membership in a Cooperative from 9:00am to 5:00pm. Speaker was Mr. Luis Miranda

FREE BREAST SCREENING AND EYE CHECKUPS AT THE ZONTA CENTER



On Nov. 7, 2015 Gift2Life president Dr. Tina Santos rendered breast health services in a Joint Breast Clinic Mission that included risk-factor assessment, one-on-one consultation, and breast cancer screening (clinical breast exam with on-site breast biopsy, if needed) for the female residents of the Centennial Village that adjoins the Zonta Center in Western Bicutan, Taguig City. Both male and female residents also took advantage of free Ophthalmology services through Gift2Life's partner, the Cancer Alleviation Network on Care, Education, & Rehabilitation (C.A.N.C.E.R.) Inc. headed by its President, Dr. Dario A. Lapada, Jr. 86 patients underwent breast-cancer screening, 177 patients had eye check-ups, and 150 received free reading glasses. 20 patients were diagnosed with cataract and were scheduled for operation.



Past presidents Carol Llanillo and Monica Aveo pose by the table of free eyeglasses offered by Dr. Dario Lapada, Jr.

ZCME partners with NGOs on breast clinic & medical mission in Isabela



On the occasion of Women's Health Month, the club partnered with several NGOs on an outreach breast-clinic and medical mission in Sta. Maria, Isabela on March 17, 2016. 111 women underwent breast examination for cancer at the Calamagui North Primary School in Sta. Maria, Isabela. The principal proponents were the God's Healing Foundation through Fr. Nelson Osorio, OSJ, and the Ma. Lourdes Pagautan Memorial Foundation. Among the medical mission participants were: Gift2Life, Inc.; Keep Abreast-Phil. Wacoal Corp.; Woman Today; Unilab; Morishita-Seggs Pharmaceuticals; Best Diagnostic Corp; and the Tenement Elementary School Alumni Assn. Medicines were provided by Makati Zontian Amb. Nida L. Vera. The club also turned over a total of 425 Birthing Kits, 300 of which were for the Birthing Center of the Municipality of Angadanan, Isabela.



Turn-Over of the 300 Birthing Kits Donated by ZCME through Gift2Life to the Municipality of Angadanan, Isabela with Hon. Lourdes S. Panganiban, Mayor, and Dr. Belinda Vispo-Miguel, Head of the Rural Health Office

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SHOM Ladies visit Marillac



Spouses of the Heads of Mission visited Zonta-Makati's Psychological Center at Marillac Hills on March 1, 2016. With Project head Joanne Zapanta Andrada (second from left) are Irene Reeder (Canada), Lizia Lu (Israel), Agnes Roscigno (Italy), Ziki Ralte (India), and Zontians Jenny Leviste and Patria David. The Marillac girls entertained their guests with a song and dance number

Update on Zonta- Makati's HEALTH, NUTRITION & HYGIENE (HNH) Program

BY VICKY WIENEKE

Poverty, hunger and malnutrition are important issues that continue to plague the world. The United Nations calls on the international community to take action and be active in resolving these issues. What's more, studies show that resolving hunger and malnutrition result in multiple benefits:

1. Improves the human-capital resource of a country and boosts the gross national product by 11% in Asia and Africa.
2. Well-nourished children are 33% more likely to escape poverty as adults.
3. A smart investment on women by giving civic-values formation and self-actualization programs lead to Empowerment of Women and improves the lives of their families.

Zonta-Makati has taken big leaps by using an empowering-women initiative to join the fight against malnutrition. The club's vehicle for such a move is its Health, Nutrition and Hygiene Program or HNH. It is structured and aligned to a nationwide feeding program implemented in marginalized communities in many provinces and in all regions of our country beginning with the communities the club serves, Makati and Taguig.



Undernourished and malnourished children are fed nutritious meals and given milk under the watchful eyes of their mothers. At the end of six months, they all showed a marked weight gain.

HNH is a multi-sectoral partnership of the private sector with government. Its center of activity for the distribution of donated resources is the Zonta Center for Women empowerment building in Taguig. Receiving of donations, warehousing, inventory, packing and distribution of goods to near and far-flung areas are some of the activities done at the center. The distributed resources are used in structured long-running and monitored feeding programs run by disadvantaged mothers. The program includes social preparation, team building and organization of the mothers to prepare them to run the program themselves. Civic-values formation lessons are given within the six-month period of coverage.

The mothers are taught proper nutrition, love of country, resolving family problems, taking care of the environment, etc. They are also taught how to use the banking system, how to budget and other leveling-up lessons for character improvement.

The impact of this multi-sectoral program, of which Zonta became a partner in 2013, has been nationally recognized as outstanding, with a yearly success rate of

- 98-100% substantial weight gain for children beneficiaries
- 85-90% fully restored to normal health
- Less than 1% drop-out rate from school (.010%)
- Improved academic performance
- Community building for marginalized women